

S U M M E R 2 0 1 8

# CAMP SAMAC

Summer Day Camp Program: Survival Guide



## Arrival & Pick Up

Campers are to be dropped off between **8:30am - 9:00am Monday to Friday**. Please use **275 Conlin Street entrance** to the Camp Samac, and follow the directions of the orange-vested camp staff. Parents must sign their children in and out each day. Pick up is at **5:00pm** (except Thursday's Family Night). Arrangements can be made for extended hours at a minimal fee. Please e-mail our Administrative Coordinator at [campsamac@scouts.ca](mailto:campsamac@scouts.ca) for more details.

## Dear Parents & Guardians...

All of us at Camp Samac are very excited about our upcoming Summer Day Camp program. We want to share our excitement by providing you with information that will answer many of your questions. This survival guide aims to give you some details about daily activities, a list of what you need to bring to camp, and much more, so read on!

### Optional Plans/Services Available:

#### Meal Plan:

**\$40/week**

Campers receive a hot lunch & two snacks. Please pack a labeled cup for juice.

#### Extended Care:

**\$22.50/week (per option)**

Drop off as early as 8:00AM and late pick-up until 6:00PM.

#### Canteen:

**Maximum \$2/day**

Campers will have the opportunity to purchase a snack from the canteen each afternoon.





## Nitty Gritty Program Details

Camp Samac is the place to be this summer! Our Day Camp is an outdoor focused program, which emphasizes the development of outdoor skills, environmental awareness and wilderness exploration on the camp's 166 scenic acres. The Camp Directors operate out of Cabin 1, the closest cabin to the Council Hall parking lot at **Camp Samac, 275 CONLIN ROAD in Oshawa.**

The Day Camp is for youth ages 5 to 13 and has space for a maximum of 125 campers per week. Youth are placed according to age into a camper group supervised by trained Counsellors. Our daily program is very well balanced. The activities are selected to build outdoor skills, self-confidence, respect for others and the environment, teamwork, and of course because they are fun! Each activity is age-appropriate and takes into consideration skill levels of the youth

participating. Each camper will enjoy activities within his/her group as well as visiting our many sites on the property, including: our Waterfront Centre where campers participate in canoeing and a short canoe trip; the Arts & Crafts Centre where they create, build, sculpt, and paint; and our Nature Centre where youth have an opportunity to learn about the many species of plants and animals at Camp Samac and participate in fun projects involving nature and the environment. Our campers also have access each day to our outdoor pool where our campers hone their swimming skills, or enjoy playing in the water with friends. All of our participants partake in special events, which take place each Friday afternoon and coincide with our theme. We pride our program on the emphasis of outdoor skill development, including but not limited to: fire and shelter building, knot tying, hiking, and orienteering.



## Family Night Campfire

**Each Thursday, parents and family are invited to join us for a campfire at Kitchie Lodge at 5:00 pm.**

Loved ones are welcome to take advantage of our guided tour of the property at 4:30PM. Please gather at the sign-in tables. Dinner is provided for Day Campers on Thursday evenings, and they will rejoin their families after the performances around the campfire. Following campfire, parents/guardians are welcome to meet with camp staff and discuss highlights, questions or concerns.

*If your child is not able to stay for the campfire, regular pick-up time of 5:00 pm applies. Please ensure they are listed on the Early Sign Out board.*

# Important Information

## Behaviour

The rules and regulations of the camp will be discussed with each camper on the first day of camp. Campers are not permitted to wander off unsupervised or leave camper groups without permission. We reserve the right to dismiss/suspend any camper who continually displays disruptive or unsafe behaviour. This is to ensure the utmost safety of all participants.



## Medication

If medication is required, please ensure that this information is on your child's registration form. It must be in a secure package (zip lock bag is good), and delivered to the staff at camp. The medication is to be labeled as follows: Camper's name, program/dates, type of medication and dosage, treatment and reason for medication. Medication will be stored with our Day Camp Coordinator and will be given as you have directed. Please advise us if there are any changes to medication during your child's stay.

## Lost & Found

All Lost & Found articles will be stored in Cabin 1 until the end of each week. Please check the Lost & Found on Thursday nights or Friday afternoons. After the camp season, lost & found will be sorted and only those deemed valuable will be kept at the Administrative Centre until September 8th, at which time any unclaimed articles will be donated to a charitable organization.



## T-Shirts

Each youth will receive a t-shirt as a memento from summer camp. Please indicate the preferred size in the appropriate section of the registration form. Every effort will be made to accommodate your size selection. T-shirt sizes are available in the following sizes: YOUTH SIZES: small (size 6 - 8), medium (size 10 - 12), and large (size 14 - 16). ADULT SIZES: small, medium, large, extra large and 2X-large.

## Camp Activities & Scouting Badge Work

As of 2016, we have revised our badge program to satisfy the Canadian Path program. Through Camp Samac's Summer Programs, your child will complete several activities and learn many new skills, which would satisfy requirements for the **Outdoor Adventure Skills**. For youth involved in the Scouting, please request this tracking sheet be completed when dropping off your camper(s) on Monday morning. This record is to be given to your child's Scouting leader. If you are interested in receiving more information on Scouting, we aim to schedule White Pine Council volunteers to attend our weekly campfire and can answer any questions for you on-site. If you are unable to attend this event, please send a message to our Administrative Coordinator ([campsamac@scouts.ca](mailto:campsamac@scouts.ca)).

See <http://wpc.scouts.ca> & enter your postal code to find a Scouting Group near you!

## Camp Absenteeism

It is a parent's responsibility to notify us if your child will not be attending camp on any given day. Parents are requested to call the direct line to the summer program office or provide written notification in advance. The camp office is located in Cabin 1 and the direct line is at 905-576-0206. Please contact this number to inform us if a child will not be attending camp or will be late on any given day, to inquire about program information and for any issues pertaining to your child's experience at camp.

## Parent Feedback

Camp staff appreciates your feedback, suggestions and ideas, as we feel that parents do contribute to the quality of our program. We encourage you to speak with your child's Counselor regarding special instructions and considerations that will contribute to the camping experience for your child. Written notes regarding specific instructions are handy. Sign-in and sign-out are ideal times to communicate any changes or daily needs. If you do have further questions, wish to express concerns, or highlight the extra efforts of our dedicated staff; please speak with our Summer Program Director or the Day Camp Coordinator. They may be reached prior to Summer Camp at (905) 571-1346 x. 23. Leave a voice message if they are not in the office at the time of your call. **Once Camp is underway from July 3<sup>rd</sup> through August 31<sup>st</sup>, they may be reached directly at the Summer Program Office (905-576-0206).**

## **WARNING!** Camp = Nut Free Zone

Due to the severity of tree nut and peanut allergies, our camp, like many others, endeavors to be as nut-free as possible. This means that ALL nut products are restricted from camp. Please read labels of purchased food goods being sent in lunches. If nut products are found they will be confiscated and parents will be contacted. Thank you for your assistance in this matter and in providing a healthy, safe environment for all our campers.



# Contacting Us

Please e-mail the Summer Program Director at [campsamac@scouts.ca](mailto:campsamac@scouts.ca) if you would like to register for future weeks or to utilize our meal plan or extended supervision hours. Our Summer Program Director will be pleased to assist you with your query. Should an incident happen at camp, parents or the emergency contact will be notified. If a trip to the hospital is required, a Senior Staff member will accompany the camper and will wait at the hospital until parents/guardians arrive.



## Packing Checklist

### Your child will need:

- Lunch and snacks (2 snack times per day) (refrigeration unavailable)
- Sunscreen (SPF 20+)
- Water Bottle (refillable one)
- Hat (full brimmed hat is preferred - no sun visors - hats will be worn all day)
- Shoes (running shoes only, no sandals/open-toed shoes permitted at camp)
- Extra clothes and socks (just in case)
- Swimsuit and towel
- Canteen Allowance (optional)
- Lifejacket (optional)
- Dress according to the weather, include rain gear for rainy days. We will be outdoors!!
- Bug Spray (Counsellors are permitted to spray only your child's bug spray on to them.)
- Plastic cup for juice



**Label all articles with camper's name. Place articles in a knapsack that can be carried by your child.**

Camper's will be receiving a phone call from their Counsellor on the weekend before they come to camp to introduce themselves and answer any questions you may have at that time. Counsellors as well as the Summer Program Director and Day Camp Coordinator will be available throughout camp to answer any new questions.

*See you soon!*

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