

S U M M E R 2 0 1 9

CAMP SAMAC

Summer Residential Camp Program: Survival Guide

Arrival & Pick Up

Campers are to be dropped off between **8:30am - 9:00am Monday**. Please use **275 Conlin Street entrance** to the Camp Samac. Pick up is at **5:00pm on Friday**.

Arrangements can be made for extended hours at a minimal fee. Please e-mail our Administrative Coordinator at campsamac@scouts.ca for more details.



Dear Parents/Guardians...

All of us at Camp Samac are very excited about our upcoming Summer Residential Camp program. We want to share our excitement by providing you with information that will answer many of your questions. This survival guide aims to give you some details about daily activities, a list of what you need to bring to camp, and much more, so read on!





Nitty Gritty Program Details

Camp Samac is the place to be this summer! Our Residential Camp is an outdoor focused program, which emphasizes the development of outdoor skills, environmental awareness and wilderness exploration on the camp's 166 scenic acres. We operate the Residential program as an outdoor experience sleeping in ten-man, platform tents, learning to live amongst and with nature. The area includes large playing fields, wooded areas with more than 40 tree species and a large campfire pit. Our daily program is very well balanced. The activities are selected to build outdoor skills, self-confidence, respect for others and the environment, teamwork, and of course because they are fun. Each activity is age-appropriate and takes into consideration skill levels of the youth participating. Each camper will enjoy activities within his/her group as well as visiting our many sites on the property. The sites include: our Waterfront Centre

where campers participate in canoeing; the Arts & Crafts Centre where they create, build, sculpt, and paint; and our Nature Centre where youth have an opportunity to learn about the many species of plants and animals at Camp Samac. Our Residential campers also have access each afternoon and evening to our outdoor pool where our campers hone their swimming skills and enjoy playing in the water with friends. All of our participants partake in special events, which take place each Friday afternoon and coincide with our theme. We pride our program on the emphasis of outdoor skill development, including but not limited to: fire and shelter building, knot tying, hiking, and orienteering. Our Res. campers have the added bonus of a night activity everyday including bonfires, night hikes, glow-in-the-dark activities and active games (e.g. *Capture the Flag*), dances, archery, and more! ***Note:** *Activities vary based on weather.*



Family Night Campfire

Each Thursday, parents and family are invited to join us for a campfire at Kitchie Lodge at 5:00 pm.

Loved ones are welcome to take advantage of our guided tour at 4:30 pm. Please meet our Senior Staff in the parking lot. Once the tour departs, a staff member will be there to direct traffic. Following campfire, parents/guardians are welcome to meet with our camp staff, check out the tenting area, and discuss highlights with their campers.

Important Information

Behaviour

The rules and regulations of the camp will be discussed with each camper on the first day of camp. Campers are not permitted to wander off unsupervised or leave camper groups without permission. We reserve the right to dismiss/suspend any camper who continually displays disruptive or unsafe behaviour.



Medication

If medication is required, please ensure that this information is on your child's registration form. It must be in a secure package (zip lock bag is good), and delivered to the staff at camp. The medication is to be labeled as follows: Camper's name, program and dates, type of medication and dosage, treatment and reason for medication. Medication for residential campers will be stored with our Residential Camp Coordinator and will be given as you have directed. Please give any medication your child may require to us at Sign-In on Monday morning. Should there be any changes to medication during your child's stay, please contact our Summer Program Office (905-576-0206).



Lost & Found

All Lost & Found articles will be stored in Cabin 1 until the end of each week. Please check the Lost & Found on Thursday nights or Friday afternoons. After the camp season, lost & found will be sorted and only those deemed valuable will be kept at the Administrative Centre until September 6th, at which time any unclaimed articles will be donated to a charitable organization.



Canteen

Campers often have the opportunity to visit our canteen once throughout each day. If parents/guardians wish for their child to purchase a snack from the canteen throughout the day, you may send money. We recommend no more than \$3.00/day.



Camp Activities & Scouting Badge Work

As of 2016, we have revised our badge program to satisfy the Canadian Path program. Through Camp Samac's Summer Programs, your child will complete several activities and learn many new skills, which would satisfy requirements for the **Outdoor Adventure Skills**. For youth involved in the Scouting, please request this tracking sheet be completed when dropping off your camper(s) on Monday morning. This record is to be given to your child's Scouting leader. If you are interested in receiving more information on Scouting, we aim to schedule White Pine Council volunteers to attend our weekly campfire and can answer any questions for you on-site. If you are unable to attend this event, please send a message to our Summer Program Director (campsamac@scouts.ca).

See <http://wpc.scouts.ca> & enter your postal code to find a Scouting Group near you!

Camp Absenteeism

It is a loved one's responsibility to notify us if your child will not be attending camp on any given day. Parents/guardians are requested to call the direct line to the Summer Program Office or provide written notification in advance. The Summer Program Office is located in Cabin 1 and the direct line is at 905-576-0206. Please contact this number to inform us if a child will be late on any given day and/or for any issues pertaining to your child's experience at camp.

Parent Feedback

Camp staff appreciates your feedback, suggestions and ideas, as we feel that parents do contribute to the quality of our program. We encourage you to speak with your child's Camp Counsellors regarding special instructions and considerations that will contribute to the camping experience for your child. Written notes regarding specific instructions are handy. Sign-In is an ideal time to communicate any changes or daily needs. If you do have further questions, wish to express concerns, or highlight the extra efforts of our dedicated staff, please speak with our Summer Program Director or Residential Camp Coordinator. **Prior to Summer Camp beginning in May/June, please reach our team at (905) 571-1346 x.23.** Leave a voice message if they are not in the office at the time of your call. **Once Camp is underway from July 2nd through August 30th, they may be reached directly at the Summer Program Office (905-576-0206).**

Sleeping Arrangements

Our Residential Campers sleep in raised, ten-man canvas platform tents. The bunk beds in Kitchie will be used in the event of unfavorable weather. Please provide a foam pad/air mattress to bring to the tent. A cost-effective option is sending a "pool bed" or yoga mat from your local dollar-store. We will have a mattress-pump on site if needed. Senior Staff will be onsite at all hours to ensure your child's safety.

T-Shirts

Each youth will receive a t-shirt as a memento from summer camp. Please indicate the preferred size in the appropriate section of the registration form. Every effort will be made to accommodate your size selection. T-shirt sizes are available in the following sizes: YOUTH SIZES: small (size 6 - 8), medium (size 10 - 12), and large (size 14 - 16). ADULT SIZES: small, medium, large, extra large, & 2X-large.



Contacting Us

Please e-mail the Administrative Coordinator at campsamac@scouts.ca if you would like to register for future weeks. Our team will be pleased to assist you with your query. Should an incident happen at camp, parents/guardians or the emergency contact will be notified. If a trip to the hospital is required, a Senior Staff member will accompany the camper and will wait at the hospital until parents/guardians arrive.

- Please do NOT send:
- Food
 - Knives
 - iPod
 - Electronics
 - Jewelry
 - Cameras
 - Candy
 - Cell Phones



Packing Checklist

Your child will need:

- Sunscreen (SPF 20+)
- Bug Spray
- Water Bottle (refillable)
- Hat (full brimmed hat in preferred - no sun visors - hats will be worn all day)
- Shoes (running shoes only, no sandals/open toed shoes permitted at camp)
- Pants and shorts (jeans or track pants)
- T-Shirts (no tank tops or tube tops)
- Underwear and socks (6 pair each)
- Swimsuit and towel (2nd towel optional)
- Pajamas
- Rain Gear (boots, jacket)
- Toiletries (soap in a container, shampoo, toothbrush, wash cloth, towel, brush/comb, hair accessories)
- Sleeping bag and pillow (or sheets and blankets)
- Air mattress or foam pad
- Flashlight with batteries
- Canteen allowance (optional)
- Lifejacket (optional)
- Sweatshirt and/or light coat (it gets chilly at night)
- Sunglasses, reading book, paper and pencil (all optional)

Please label all items with camper's name. Please pack in one bag, excluding sleeping gear.

Campers will be receiving a phone call from their Counsellor on the weekend before they come to camp to introduce themselves and answer any questions you may have at that time. Counsellors as well as the Summer Program Director and Residential Camp Coordinator will be available throughout camp to answer any new questions.

See you soon!

© Camp Samac Staff
Oshawa, Ontario L1G 4Y1