

S U M M E R 2 0 1 9

CAMP SAMAC

Summer Senior Programs: Survival Guide



Arrival & Pick

Campers are to be dropped off between **8:30am - 9:00am**

Monday. Please use **275**

Conlin Street entrance to the Camp Samac and follow the directions of the Camp Staff.

Pick-up for LT Participants is between **5:00 – 5:30pm each day**. For CIT Participants, the

program runs overnight all week and will be picked up on **Friday at 5:00pm**.

Arrangements can be made for extended hours at a minimal fee. Please e-mail our Administrative Coordinator at campsamac@scouts.ca for more details.

Dear Campers & Parents...

Our Leadership Training (LT) & Counsellor-in-Training (CIT) Programs provide adolescents (13-16 years) opportunities for personal and professional development. These Senior Programs are designed with an outdoor experience and participant growth in mind.

Leadership Training Dates

Week 1: July 2-5*

Week 3: July 15-19

Week 6: August 6-9*

Week 8: August 19-23

* = *Short week*

Counsellor-in-Training Dates

Week 2: July 8-12

Week 4: July 22-26

Week 5: July 29-August 2

Week 7: August 12-16

Week 9: August 26-30



Important Information

Medication

If medication is required, please ensure that this information is on your child's registration form. It must be in a secure package (zip lock bag is good), and delivered to the staff at camp. The medication is to be labeled as follows: Camper's name, program and dates, type of medication and dosage, treatment and reason for medication. Medication will be stored with our Residential Camp Coordinator and will be given as you have directed. Please advise our Summer Program Director if there are any changes to medication during your camper's stay with us.

Lost & Found

All Lost & Found articles will be available at the Pick-Up site at the week's end. After the camp season, our Lost & Found will be sorted and only those deemed valuable will be kept at the Administrative Centre until September 6th, at which time any unclaimed articles will be donated to a charitable organization.

Behaviour

The rules and regulations of the camp will be discussed with each LT/CIT on the first day of camp. Participants are not permitted to wander off unsupervised or leave their groups without permission. The utmost respect is expected from LT/CIT members as this is a program for leaders, who are role models for our younger campers. We reserve the right to dismiss/suspend any participant who continually displays disrespectful or unsafe behaviour.

T-Shirts

Each youth will receive a t-shirt as a memento from summer camp. Please indicate the preferred size in the appropriate section of the registration form. Every effort will be made to accommodate your size selection. T-shirt sizes are available in the following sizes:
 YOUTH SIZES: small (size 6 - 8), medium (size 10 - 12), and large (size 14 - 16). ADULT SIZES: small, medium, large, extra-large, 2X-large, and 3X-large.





Nitty Gritty Details

Our **Leadership Training (LT)** program works to develop campers' personal skills through a variety of workshops and activities. Topics include: Team Building, Effective Communication, and Conflict Resolution. Although this program runs during **daytime** hours, participants are invited to sleepover on Thursday evening to help lead night programming with our Residential Staff. Focuses of this program includes outdoor skills, trust and teambuilding through activities such as hiking, canoeing, swimming, shelter building and survival challenges. We endeavor to challenge our campers with adventure while placing an emphasis on safety. Our

Counsellor-in-Training (CIT) is an **overnight** program that aims to build on participants' professional skill-set and prepare them for professional opportunities in the future. This program provides adolescents with an opportunity to work on resume development, interview preparation and experience, as well as exploration into varying leadership styles. The participants will receive outdoor skill training and shadow our Summer Staff each day. At the end of the week, all participants will have an opportunity to develop and lead their own activity for a group of campers and receive constructive feedback from our team. **Note:** *Activities may vary based on weather.*



Family Night Campfire

Each Thursday, campers' loved ones are invited to join us for a campfire at Kitchie Lodge at 5:00 pm.

Loved ones are welcome to take advantage of our guided tour of the property at 4:30PM. Please gather with our Senior Staff in the parking lot. A barbequed dinner is provided for all sleepover campers on Thursday evenings, and they will rejoin their families after the performances around the campfire. Following campfire, parents are welcome to meet with camp staff and discuss highlights, questions or concerns. Following the performances, Leadership Training (LT) participants are welcome to stay for night-swim and evening programming for a glimpse into the Residential Camp experience. All meals will be provided for those who join us overnight on Thursday.

If your LT is not able to stay for the campfire, regular pick-up time of 5:00 pm applies. Please ensure they are listed on the Early Sign Out board.

Parent Feedback

Our Staff team appreciates your feedback, suggestions and ideas, as we feel that parents/guardians do contribute to the quality of our program. We encourage you to speak with our Senior Programs Coordinators regarding special instructions and considerations that will contribute to the camping experience for your camper. Written notes regarding specific instructions are handy. If you have questions, wish to express concerns, or highlight the extra efforts of our dedicated staff, please speak with our Summer Program Director or Senior Program Coordinators directly. **During the Camp season (July 2nd- August 30th) connect with our team directly at the Summer Program Office (905-576-0206).**



Camp Absenteeism

It is a parent's responsibility to notify us if your child will not be attending camp on any given day. Parents are requested to call the direct line to the Summer Program Office or provide written notification in advance. The Summer Program Office is located in Cabin 1 and the direct line is at 905-576-0206. Please contact this number to inform us of absenteeism.

Meal Plan Option

Leadership Training participants are able to register for our Meal Plan option. This includes a hot lunch each day as well as two snacks. Contact our Administrative Coordinator for details (905-571-1346 x.23). If your child will be bringing their lunch and snacks, please be mindful of our **Nut-Free policy**.

Our Counsellor-in-Training program fee includes all meals and snacks for the week.



Contacting Us

Our Summer Program Director would love to assist if you would like to register for future weeks. Please connect by e-mailing our Administrative Coordinator (campsamac@scouts.ca). Should an incident happen at camp, the Summer Program Director would notify parent(s)/guardian(s) or the emergency contact immediately. If a trip to the hospital were required, a Senior Staff member would accompany the camper and wait at the hospital until a loved one arrives.

Your LT will need:

- Sunscreen (SPF 20+)
- Bug Spray
- Water Bottle (refillable)
- Hat (full brimmed hat in preferred)
- Running Shoes
- Swimsuit and towel
- Rain Gear (boots, jacket)
- Canteen allowance (optional)
- Lifejacket (optional)
- Sunglasses, reading book, paper and pencil (all optional)

Your CIT will also need:

- Toiletries (soap in a container, shampoo, toothbrush, wash cloth, towel, brush/comb, hair accessories)
- Sleeping bag and pillow (or sheets and blankets)
- Air mattress or foam pad
- Flashlight with batteries
- Sweatshirt and/or light coat (it gets chilly at night)
- Pants and shorts (jeans or track pants)
- T-Shirts (no tank tops or tube tops)
- Underwear and socks (6 pair each)
- Pajamas

Please label all items with camper's name. Please pack in one bag, excluding sleeping gear.

Please do NOT bring food, gum, candy, knives, or valuable items such as jewelry, radios, video games, iPod players or cell phones.

These items will be confiscated and returned at end of week.

We are not responsible for lost or stolen items.

See you soon!

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Oshawa, Ontario L1G 4Y1