



Carleton Area Winter Outdoor Skills 2019

Friday January 4-Sunday January 6, 2019

Baxter Conservation Area

For: Adult Scouters

(Senior Youth, under 18 Scouters: Up to two youth from a section may attend accompanied by their Scouters, provided they agree to instruct other youth sections in their Group before their winter outings)

Trainers: Chuck Fraser (Course Lead) Marc Couturier Steve Bellefleur
Andrew Couturier

Location: Baxter Conservation Area (indoor building and surrounding area)

Cost: To cover the fee required by Baxter Conservation Area, the fee for the course is \$30 (payable to Scouts Canada-Carleton Area).

Participants are to be self-sufficient for meals; those wishing course materials may bring their own USB device to download presentation materials.

A very cool crest is provided to surviving participants.

Dates: Indoor and Outdoor Sessions: **Friday January 4, 2019, 7:30pm-9:00pm, Saturday 9:00am – 9:00pm, Sunday, 9am-11am, if and as necessary, to be determined.**

Sleepover: Friday: optional outdoors, Saturday night: Challenge by Choice:

Participants may choose to join the trainers outside overnight Friday and Saturday night: Participants to determine their learning experience with choice of shelter (tent, tarp, quinzhee if snow permits), or sleep on the floor indoors, or go home and come back each morning. Participants are to be self-sufficient for camping and food.

Course Content:

Indoor sessions: Practical information for being prepared for winter outdoor activities including:

- >strategies to be comfortably dressed in all conditions,
- >group equipment considerations for winter camping,
- >first aid for winter environmental hazards,
- >adapting off the shelf equipment and home-made equipment for carrying gear,
- >winter travel to and from activity area,
- >menu planning and meal preparation,
- >improvised shelters (tarps, trenches and quinzhees),
- >places to go and things to do with your youth to support program goals,
- >resources for personal development,
- >what you need to know pre-winter season, and how to advise Parents prior to outings

Outdoor Sessions: There will be sessions outdoors, no matter the weather, practicing the strategies for winter wilderness living skills-building shelters, cooking, snowshoeing, comparing equipment strategies and techniques, staying warm, having fun. We will do what we can with the conditions we have, and certainly cover what is possible with sufficient snow, extreme cold, and age-appropriate winter activities.

Winter is a great time to be outdoors, but sleeping out overnight has practical challenges, and great rewards for building confidence and embracing challenge. Whether you are taking Beavers and Cubs sliding, skating or for a hike, or Cubs and Scouts for their first winter camp, you will add to your confidence, knowledge and skills with this experience from a great training team.

Registration: complete the Training Application and submit with fee, to the Course Lead, Chuck Fraser at 128 Abbeyhill Drive, Kanata by the **registration deadline: Dec. 21, 2018.**

Further information contact the Course Lead: Chuck Fraser, 613 836-7128; or fraserchk@rogers.com