

Scoutcraft May 12-13, 2018

Saturday May 12

Time	Activity	Who	Focus
8:45-9:00	Flag break and welcoming	Derek and training team	
9:00-11:45	<ul style="list-style-type: none"> • Knives safety and care • Stove and lantern safety • Fire lighting • Axe and saw- use and care • Introduction to knots- not intensive 	Derek Roger Kevin Bernie Derek	
11:45-12:30	Lunch	Julie	
12:30-1:00	In classroom group discussion (flip chart) <ul style="list-style-type: none"> • Right place/right time/right people/ right equipment • Review BP&P 1000 and 1300 	Matt	
1:00-2:30	Compass training and map reading <ul style="list-style-type: none"> • How to read and use a compass • How to read and use a map for orienteering • Use and map to locate and hike to a campsite marked on the map. • Identify the emergency plan- (will be covered in the paperwork session as well) 	Bernie all below	
2:30-3:30	In classroom <ul style="list-style-type: none"> • Introduce, explain and have participants complete. <ol style="list-style-type: none"> 1. Outdoor activity application 2. Category 3 permit 3. Out of country trip/tour permit 4. Emergency plan Review as a group-	Julie All below	
3:30-6:00	Set-up camp <ul style="list-style-type: none"> • Set up tents-3 season and 4 seasons. Discuss flaws, groundsheet/ foot prints 	Derek	

	<ul style="list-style-type: none"> • Sleeping bags/mats/liners • Set up dining tarp or fly • Demonstrate various stove-naphtha/propane/large and small • Food storage-coolers/food rope-bag in a tree • Greywater bucket and or pit • Dishwashing -3 bin system • Cooking gear-pots/pans/griddles/Dutch ovens • Latrine- cat hole • Lights • Fire pit <p>Knots to be learned-reef/truckers hitch/clove hitch/bowline/sheet bend/Timber hitch</p>	<p>-Derek -Kevin</p> <p>-Roger</p> <p>-Matt</p> <p>-Roger -Roger</p> <p>-Derek</p> <p>-Roger -Kevin</p> <p>-Kevin/Bernie</p>	
6:00-6:45	Dinner	Julie	
6:45-8:00	Finish – camp set up section	All trainers as above	
8:00-9:00	Review first aid review	-Matt	
9:00-10:00	<p>Food and nutrition</p> <ul style="list-style-type: none"> • Prepare various menus <p>Consider</p> <ul style="list-style-type: none"> • Calories/age and sex /activities • Dietary restriction • Waste and left overs • Prepare foods • Repacking of foods 	-Derek and below	
10:00	Mug up		
11:00	Lights out and all quiet		

Sunday May 13, 2018

Time	Activity	Who	Focus
7:30-8:30	Breakfast		
8:30-9:30	<p>Clothing</p> <ol style="list-style-type: none"> 1. Methods of heat loss <ol style="list-style-type: none"> 1. Conduction/convection/radiation and evaporation. 2. layering <ol style="list-style-type: none"> 2. staying dry 3. staying cool 4. staying covered from sun and wind 5. buttoning up to prevent air flow 6. fabric and materials <p>Footwear</p> <ol style="list-style-type: none"> 3. Appropriate footwear for various activities <ol style="list-style-type: none"> 1. Discussion of potential issues with feet- how to mitigate (wet/dry/cold/overheated/blistering etc.) 	<p>-Matt and below</p>	
9:30-10:30	<p>Winter specific consideration</p> <ul style="list-style-type: none"> • Prepare and plan • Site visit before camp • Proper equipment • Right people/place/time • Weather considerations • Additional risks • Nutritional • Hydration • Managing stoves • Strategies for food prep- clean-up • Bedding down • Educate the youth on layering 	<p>-Kevin and below except for stoves</p> <p>-Roger -Derek -Matt</p>	
10:30-11:30	<p>7 Principles of No Trace Camping</p> <ol style="list-style-type: none"> 1. Plan ahead and prepare 2. Travel and camp on durable surfaces 3. Dispose of waste properly 4. Leave what you find 	<p>Bernie</p>	

	<ul style="list-style-type: none">5. Minimize campfire impacts6. Respect wildlife7. Be considerate of other visitors		
11:30-12:30	Lunch- make your own sandwich and soup	Julie	
	Presentations and closing	Training team	